

Southwest Vermont Supervisory Union

10th Grade Advisory Guides



Social and Emotional Learning Lesson Guide for the Classroom and Advisory

"If even one person in a school knows him well enough to care, a student's chances of success go up dramatically. In small groups that can focus on a range of subjects, teachers and students are forming new bonds and setting new standards for a more personal education." (Horace, September 1990).

High school advisory programs and social and emotional learning in the classroom allow students to discuss and address certain issues that are unique to a high school student's life. As the advisory or discussion leader, your role is to listen and respond to students, asking open rather than closed questions and working to create an engaging climate of trust, sharing, participation and self-reflection among your students.

Connect with Kids video resources, along with discussion questions and activities, provide the platform. Business experts call it "see-feel-change," fueling action by sparking emotion. Connect with Kids calls it educating the heart: using the power of storytelling and peer-to-peer connections to create heart-felt associations. Research shows that children and adults who emotionally connect with an experience are more likely to make life-long behavioral change than those who just receive information about that experience. Students realize that they are not alone in their feelings and challenges, sometimes referred to as "strength in numbers."

This is a suggested guide for high school classroom and advisory session video and print resources, all of which stream on Connect with Kids WebSource websites. Contact **Connect with Kids client support at 1.888.598.KIDS (5437)** or email info@cwknetwork.com with any questions regarding resources or implementation.

Southwest Vermont Supervisory Union

10th Grade Advisory Guides



Session	Topic	Program Title	Description
1.	Character and Life Skills	Courage	Even though Masha Malikina suffered severe injuries in a car accident that left her a paraplegic, she exhibits the courage to share her experience with other teens while also pursuing the activities that she enjoyed before her life-altering accident.
2.	Character and Life Skills	Courtesy	A display of bad sportsmanship helped Colt Barron realize how being courteous can have a positive impact on others.
3.	Character and Life Skills	Diligence	Greg Johnson believes that his diligent, disciplined behavior will not only help him with his current academics, leadership roles and volunteer work but will also prepare him for a future career as a naval officer.
4.	Character and Life Skills	Freedom	Ryan Brantley and SQ Sunseri search for the freedom to construct their own identities.
5.	Character and Life Skills	Generosity	A service-learning project teaches ninth-graders how to be generous with their time and talents.
6.	Attendance and Achievement	Against All Odds Part 1	Four kids tell their stories of overcoming adversity against all odds.
7.	Attendance and Achievement	Against All Odds Part 2	Clive Aden and Guadalupe Fonseca learn adversity does not have to be permanent.
8.	Attendance and Achievement	Against All Odds Part 3	Heather Bandy is blind, but doesn't let her disability keep her from succeeding in life.

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10th Grade Advisory Guides



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9.	Attendance and Achievement	Against All Odds Part 4	Berhane Azage overcomes poverty and hardship by not measuring himself up with what he doesn't have. Instead he learned from his parents that adversity is not personal and can be overcome.
10.	Attendance and Achievement	Against All Odds Part 5	Kids need to be educated through real life examples that adversity does not have to be permanent, pervasive, or personal.
11.	College and Career Readiness	Early Exposure to a Career	A short video segment on volunteerism, which has become a graduation requirement for high school students in hundreds of school districts around the country. For some kids, volunteering also has a practical side, as well. Download accompanying discussion and self-reflection questions.
12.	College and Career Readiness	Exceeding Expectations	A real story to help teens to understand that an education translates into not just more money but more job choices about their future. Watch this real story to help students find within themselves the motivation to set and achieve goals — and to plan for life beyond high school.
13.	College and Career Readiness	Research Strategies: Note Taking	Discuss and review strategies for proper note taking, exploring the Cornell Method of Note Taking.
14.	College and Career Readiness	Study and Test Taking Essay Q&A	A suggested thought process and techniques for crafting an essay question answer.
15.	College and Career Readiness	Study and Test Taking Skills: Multiple Choice Strategies	A five-step strategy and test taking tips for answering multiple choice questions.

Southwest Vermont Supervisory Union

10th Grade Advisory Guides



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16.	Drug and Alcohol Prevention	In the Age of Alcohol Part 1	Experts explain how underage drinking could be the worse drug of all because of the behavior it creates in teens. Not as many teens drink alcohol as people think, but alcohol is still the number one contributor to youth deaths, due to the way in which kids drink.
17.	Drug and Alcohol Prevention	In the Age of Alcohol Part 2	Real stories explore underage drinking, the influence of genetics, and resulting bodily harm. People of all ages who don't learn to drink responsibly often use alcohol as a means of escaping.
18.	Drug and Alcohol Prevention	In the Age of Alcohol Part 3	This segment explores the use of alcohol as a "social crutch," and how drinking alcohol is too often a way to escape problems and anger. The earlier kids begin drinking, the more likely they will experience detrimental effects, and the more likely they will become alcoholics and not know how to interact socially.
19.	Drug and Alcohol Prevention	In the Age of Alcohol Part 4	Watch the real story of two parents who allow their daughters to throw a party involving underage drinking, which got out of hand when the police showed up and a car caught on fire.
20.	Drug and Alcohol Prevention	In the Age of Alcohol Part 5	Ashley, now a paraplegic, shares her experience with what happened when she decided to drink and drive, and how that one night changed her life forever.
21.	Health and Wellness	Lost and Found Part 1	Loss can come in many forms... death, divorce, even moving to a new town. Grief counselors say that any time there is a major upset in a family, there is a loss to deal with.

Southwest Vermont Supervisory Union

10th Grade Advisory Guides



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22.	Health and Wellness	Lost and Found Part 2	Fourteen-year-old Lauren shares the void she felt when her parents divorced and her dad moved away, and the behaviors that resulted.
23.	Health and Wellness	Lost and Found Part 3	Christina and Doug share their grief and emotions after losing a parent, and reasons why some behavioral challenges followed.
24.	Health and Wellness	Lost and Found Part 4	Moving and leaving one's school or neighborhood can mean losing the things in life that help make us feel safe and secure.
25.	Health and Wellness	Lost and Found Part 5	Experts say kids need an adult who can listen, without judgment, to whatever grief they are feeling. See activities that help kids express their anger and sadness.
26.	Digital Citizenship	Facebook: The Musical	The first in a series of five lessons on social commentary in music, this lesson focuses in on how social media affects our lives.
27.	Digital Citizenship	Facebook Friends	The second in a series of five social commentary in music lessons, students begin to create their own lyrics on social media.

Southwest Vermont Supervisory Union

10th Grade Advisory Guides



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28.	Digital Citizenship	Selfies	Using a song and an article, students analyze the value of selfies and why we take them.
29.	Digital Citizenship	Addicted to the Internet	Are we as a society addicted to the Internet? Examine song lyrics, famous quotations, and your own experiences.
30.	Digital Citizenship	TTYL: Dying 2 Text	Why do people text even when it is unhealthy or inappropriate to do so? Look at incidents around the world and listen to music to construct an argument.
31.	CRE	The Importance of Attendance	Students give lots of reasons for missing school. Watch this video to launch a discussion about encouraging students to take charge of their education – in the final high school and upcoming college days ahead.
32.	CRE	Academic Motivation	For most of his young life, Dwayne was a quitter. He admits school was “going really bad... getting suspended every other day.” And then, he says, something changed
33.	College and Career Readiness	Your Report Card and Transcript: Report Card Self-Reflection	Help students to review current grades and plan for future improvement.

Southwest Vermont Supervisory Union

10th Grade Advisory Guides



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34.	College and Career Readiness	Your Report Card and Transcript: What is a Transcript?	Review a high school transcript to help students understand its elements.
35.	College and Career Readiness	Goal Setting: Role Models for Success	Help students to learn about the importance of goal setting and to select some role models.
36.	College and Career Readiness	Creating SMART Goals	Discuss and help students to develop goals that are specific, measurable, achievable, realistic and time sensitive.
37.	College and Career Readiness	Interview Skills: Interview 411	Techniques and tips to help prepare for a job or college interview.
38.	College and Career Readiness	Interview Skills: Interview Q's and A's	Help students consider possible interview questions – and prepare possible responses.
39.	College and Career Readiness	Resume Building: Resume Platform	Help students learn to create a baseline resume.
40.	Review	A Review of Advisory Highs and Lows	Through discussion and self-reflection ask students to look back over the year to review what has been accomplished and what is yet to be addressed.