

Southwest Vermont Supervisory Union

11th Grade Advisory Guides



Social and Emotional Learning Lesson Guide for the Classroom and Advisory

"If even one person in a school knows him well enough to care, a student's chances of success go up dramatically. In small groups that can focus on a range of subjects, teachers and students are forming new bonds and setting new standards for a more personal education." (Horace, September 1990).

High school advisory programs and social and emotional learning in the classroom allow students to discuss and address certain issues that are unique to a high school student's life. As the advisory or discussion leader, your role is to listen and respond to students, asking open rather than closed questions and working to create an engaging climate of trust, sharing, participation and self-reflection among your students.

Connect with Kids video resources, along with discussion questions and activities, provide the platform. Business experts call it "see-feel-change," fueling action by sparking emotion. Connect with Kids calls it educating the heart: using the power of storytelling and peer-to-peer connections to create heart-felt associations. Research shows that children and adults who emotionally connect with an experience are more likely to make life-long behavioral change than those who just receive information about that experience. Students realize that they are not alone in their feelings and challenges, sometimes referred to as "strength in numbers."

This is a suggested guide for high school classroom and advisory session video and print resources, all of which stream on Connect with Kids WebSource websites. Contact **Connect with Kids client support at 1.888.598.KIDS (5437)** or email info@cwknetwork.com with any questions regarding resources or implementation.

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Session	Topic	Program Title	Description
1.	Character and Life Skills	Helpfulness	Rene Cowan makes her friendship a foundation for help and support for those in need.
2.	Character and Life Skills	Honesty	Students who write news – whether a televised broadcast or a school newspaper article – have a responsibility to their audience: to present the news in an honest, understandable and informative manner.
3.	Character and Life Skills	Honor	Chioma Oteh tries not to tell lies, but sometimes she does and feels remorse. After going to see a movie that her mother didn't want her to see, she couldn't sleep and had to tell the truth. This is called a conscience and it's the key to ethical and honorable behavior.
4.	Character and Life Skills	Integrity	Many teens are too cynical about politics to make a personal commitment, but some have learned to make a difference in their communities by participating in voter registration drives and campaigning for candidates who have integrity.
5.	Character and Life Skills	Justice	A video segment features Robert Layde and David Mullinax, both victims of unfair treatment, but took their frustrations out in different ways. Download the accompanying lessons plan with discussion questions and an activity: Zeroing in on Tolerance.
6.	Attendance and Achievement	The Mentor Impact	When he was 12, George Kolonias joined a gang. At age 14, he was selling drugs. At 17, it was guns. Then one day...

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7.	Attendance and Achievement	<u>Making the Most of Education</u>	Teens like to spend money on clothes, music, phones and downloads. Many plan on making more money as they grow into adulthood. But what happens when teens don't graduate high school? Watch this real story to hear from students about their hopes, dreams and the reality of needing a solid education.
8.	Attendance and Achievement	<u>Setbacks Make Us Stronger</u>	A study reported in the Journal of Personality and Social Psychology confirms that life's challenges... a little adversity, even mundane experiences, contributes to building resilience. How can a little failure serve each of us well?
9.	Attendance and Achievement	<u>Participation and Leadership</u>	David Lockett was not the model high school student. Early in his high school career he did not have much faith in himself, nor did his teachers. But then something changed.
10.	Attendance and Achievement	<u>Education Leads to Better Jobs</u>	A real story to help teens to understand that an education translates into not just more money but more job choices and more job satisfaction in their future.
11.	College and Career Readiness	<u>Finding a Mentor</u>	A study by Big Brothers, Big Sisters of America reports that kids with a mentor end up years later with more education, more money, and a better relationship with friends and family. Watch this and hear real stories about finding and being a mentor and its benefits.

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12.	College and Career Readiness	Career Anxiety	A short video segment on growing evidence that kids today are more worried about their future than previous generations. Whether they're involved in sports, clubs or academics, kids today are quickly learning that competition is a part of life. Download the accompanying discussion and self-reflection questions.
13.	College and Career Readiness	Research Strategies: MLA Citations	Discuss steps in the research process, including the commonly required MLA (Modern Language Association) citation structure.
14.	College and Career Readiness	Study and Test Taking Managing Test Anxiety	Practice relaxation techniques to manage test anxiety.
15.	College and Career Readiness	Study and Test Taking Skills: Don't Drop the Ball	Help students review material through this question and answer group activity.
16.	Drug and Alcohol Prevention	Shattered Part 1	The recorded voices of a 911 call, recount the story of a girl who's life changed forever after making the decision to drink and drive.
17.	Drug and Alcohol Prevention	Shattered Part 2	Jayne Webb was sent to prison for vehicular homicide after killing a man, when she decided to drink and drive home from the bar.
18.	Drug and Alcohol Prevention	Shattered Part 3	Jayne Webb talks about the guilt she feels because of the accident that night, and Mr. King's family (the victims) shares their feelings of sadness and grief.

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19.	Drug and Alcohol Prevention	Shattered Part 4	Experts and teens talk about the reasons kids drink, how kids drink, and how kids need to learn responsibility.
20.	Drug and Alcohol Prevention	Shattered Part 5	Jayne Webb's family discusses the guilt that they feel and the process they went through after the accident to cope with their daughters problem and incarceration.
21.	Health and Wellness	Someone You Know Part 1	When it comes to physical violence like rape and assault, and emotional violence like control and manipulation experts advise that the greatest danger is from someone you know.
22.	Health and Wellness	Someone You Know Part 2	Theresa Densmore's story of physical and emotional abuse helps to uncover how jealousy and control issues can turn to violence.
23.	Health and Wellness	Someone You Know Part 3	Talking about dating violence became Tom Santoro's mission when his 18-year-old daughter was beaten to death by her ex-boyfriend after she broke up with him.
24.	Health and Wellness	Someone You Know Part 4	Lorena Castellanos, a rape survivor, shows the courage to come forward in order to help others understand criminal laws about rape.
25.	Health and Wellness	Someone You Know Part 5	While studies show the majority of rape and assault victims are females, experts say that means stopping the violence is largely up a men's issue.

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26.	Bullying and Violence Prevention	Invisible Weapons Part 1	This Emmy award-winning program offers solutions to the bullying epidemic with perspectives shared by both victims and bullies.
27.	Bullying and Violence Prevention	Invisible Weapons Part 2	Sarah Nadler was bullied all through middle school and found it hard to open up to her parents about the bullying she was going through.
28.	Bullying and Violence Prevention	Invisible Weapons Part 3	See what happens when the bully says she's sorry and how Doug Archibald stood up for his sister when she was being bullied.
29.	Bullying and Violence Prevention	Invisible Weapons Part 4	Experts say that it is important to recognize signs of bullying in victims before they take matters into their own hands and fight back with acts of violence.
30.	Digital Citizenship	A Thousand Words: What Do We Really See in Photos?	How do photos on social media affect our thoughts and feelings? Learn strategies for evaluating photographs.
31.	Digital Citizenship	Art: Likes or Dislikes: What We Create on Social Media	Continue examining photographs and interpret for implicit and explicit stories.

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32.	Teacher Blueprint Lessons (for Digital Citizenship)	Screen Addiction Quotations	Select an activity from the list of suggestions in the Quotations Overview to examine quotations on this topic.
33.	Digital Citizenship	Emojis: Such Characters!	Is the use of emojis a sign of future communication or a temporary cultural fad?
34.	News To Use (for Digital Citizenship)	When Valentine's Day Goes Digital: Texting Dos and Don'ts	Use the CWK newsletter and questions to discuss appropriate texting behavior in any location at any time.
35.	College and Career Readiness	Your Report Card and Transcript: Verifying Your Transcript	Students will review the high school transcript and complete an exercise to verify its information.
36.	College and Career Readiness	Goal Setting: Mapping Long-Term Goals	A discussion and exercise to map out long term goals.
37.	College and Career Readiness	Goal Setting: Mapping Short Term Goals	A discussion and exercise to map out short-term goals.

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38.	College and Career Readiness	<u>Interview Skills: The Interview Follow-Up</u>	A discussion and exercise to map out short-term goals.
39.	College and Career Readiness	<u>Resume Building: Cover Letters</u>	Discuss and review strategies for next steps after an interview.
40.	Review	<u>A Review of Advisory Highs and Lows</u>	Learn why a cover letter and resume is that first impression and can help secure an interview, and draft a sample cover letter.