

# Southwest Vermont Supervisory Union

## 12th Grade Advisory Guides



## Social and Emotional Learning Lesson Guide for the Classroom and Advisory

*"If even one person in a school knows him well enough to care, a student's chances of success go up dramatically. In small groups that can focus on a range of subjects, teachers and students are forming new bonds and setting new standards for a more personal education." (Horace, September 1990).*

High school advisory programs and social and emotional learning in the classroom allow students to discuss and address certain issues that are unique to a high school student's life. As the advisory or discussion leader, your role is to listen and respond to students, asking open rather than closed questions and working to create an engaging climate of trust, sharing, participation and self-reflection among your students.

Connect with Kids video resources, along with discussion questions and activities, provide the platform. Business experts call it "see-feel-change," fueling action by sparking emotion. Connect with Kids calls it educating the heart: using the power of storytelling and peer-to-peer connections to create heart-felt associations. Research shows that children and adults who emotionally connect with an experience are more likely to make life-long behavioral change than those who just receive information about that experience. Students realize that they are not alone in their feelings and challenges, sometimes referred to as "strength in numbers."

This is a suggested guide for high school classroom and advisory session video and print resources, all of which stream on Connect with Kids WebSource websites. Contact **Connect with Kids client support at 1.888.598.KIDS (5437)** or email [info@cwknetwork.com](mailto:info@cwknetwork.com) with any questions regarding resources or implementation.

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Session	Topic	Program Title	Description
1.	Character and Life Skills	<a href="#">Kindness</a>	Brian Head's father says his son suffered years of torment from school bullies before he committed suicide at the age of 15.
2.	Character and Life Skills	<a href="#">Loyalty</a>	A devastating house fire helped Michael Kudelka assess the loyalty of his friends.
3.	Character and Life Skills	<a href="#">Patience</a>	Shaina Mangum was a dancer and a cheerleader before injuries from a car crash restricted her to a wheelchair. Now Shaina tries to find the patience to endure daily physical therapy and a series of operations. Despite her situation, she is convinced that someday she will be mobile and independent again.
4.	Character and Life Skills	<a href="#">Peace</a>	Their parents' divorces upset Katherine Yarberry and Tony Peaks. Now they rely on writing, meditation and sports to maintain the peace and control in their lives.
5.	Character and Life Skills	<a href="#">Perseverance</a>	Despite having only one leg since birth, Hunter Scott continues to persevere by engaging in physically demanding sports like hockey and water skiing and by focusing on the positive aspects of his life rather than the disadvantages that others may perceive.
6.	Attendance and Achievement	<a href="#">The Mentor Impact</a>	When he was 12, George Kolonias joined a gang. At age 14, he was selling drugs. At 17, it was guns. Then one day federal agents pulled up behind his car. At age 17, George was facing thirty-six years behind bars.

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7.	Attendance and Achievement	<a href="#"><u>Making the Most of Education</u></a>	Teens like to spend money on clothes, cars, music, phones and internet downloads. Many work at a minimum wage job to earn spending money but plan on making more money as they grow into adulthood. But what happens when teens don't graduate high school? Watch this real story to hear from students about their hopes, dreams and the reality of needing a solid education.
8.	Attendance and Achievement	<a href="#"><u>Setbacks Make Us Stronger</u></a>	A study reported in the Journal of Personality and Social Psychology confirms that life's challenges... a little adversity, even mundane experiences, contributes to building resilience. How can a little failure serve each of us well?
9.	Attendance and Achievement	<a href="#"><u>Participation and Leadership</u></a>	David Lockett was not the model high school student. Early in his high school career he did not have much faith in himself, nor did his teachers. But then something changed...
10.	College and Career Readiness	<a href="#"><u>Education Leads to Better Jobs</u></a>	A real story to help teens to understand that an education translates into not just more money but more job choices and more job satisfaction in their future. Dropping out of school offers little hope for teens who want to make a solid living, be financially stable and enjoy their future jobs.
11.	College and Career Readiness	<a href="#"><u>What's a Responsible College Visit?</u></a>	High school seniors around the country are in the process of deciding where to go to school next year. While a big part of that decision hinges on their visits to college campuses, what goes on during those visits may be of a surprise to many. Watch this short video and hear from students, along with expert advice on making the most of college visits.

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Session	Topic	Program Title	Description
12.	College and Career Readiness	<a href="#">College Myths Part 1</a>	From what colleges require for admission to importance of high school grades, teens make during high school, there are plenty of misconceptions about what it takes to get into college. Watch this short video to hear from students – and experts – about what teens and their parents should know about common misconceptions.
13.	College and Career Readiness	<a href="#">College Myths Part 2</a>	From high school and college courses to financial aid, there are plenty of misconceptions about what it takes to get into college. Watch this short video to hear from students – and experts – about what teens and their parents should know about common misconceptions.
14.	College and Career Readiness	<a href="#">College Exploration</a>	This session will allow students to discuss and explore college majors and where each area of study might lead.
15.	College and Career Readiness	<a href="#">Organizing a College Visit</a>	Review tasks and a thought process on who to call and what to see when preparing for productive college visits.
16.	Drug and Alcohol Prevention	<a href="#">Ripped Apart Part 1</a>	Kids are turning to sports supplements to keep up with the level of competition in sports today.
17.	Drug and Alcohol Prevention	<a href="#">Ripped Apart Part 2</a>	Taylor Hooton a popular, smart, athletic kid took his life due to steroid use.
18.	Drug and Alcohol Prevention	<a href="#">Ripped Apart Part 3</a>	Lori Mowery began taking dietary supplements to keep her weight down for cheerleading.

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19.	Drug and Alcohol Prevention	<a href="#">Ripped Apart Part 4</a>	Steroids cause kids to go from one chemical to the next. When kids see results and get encouragement from their parents and coaches they begin to think the supplements are okay.
20.	Drug and Alcohol Prevention	<a href="#">Ripped Apart Part 5</a>	A don't ask, don't tell policy among coaches and players leaves kids fending for themselves to find a solution to be better.
21.	Health and Wellness	<a href="#">First Comes Love Part 1</a>	Explore some of the expectations, myths and pressures that teens face when it comes to dating. Teen girls Kyle and Angelina talk about the pressures to look and act older, along with the realities of doing too much too soon.
22.	Health and Wellness	<a href="#">First Comes Love Part 2</a>	Teen boys talk about the dating pressures they experience to gain status and respect, from both the girls and the other boys. One boy, 17-year-old Angel Alcazar, decided it was time for a different approach.
23.	Health and Wellness	<a href="#">First Comes Love Part 3</a>	Jenny and Mateo share their emotional story about their abusive relationship, urging other teens to take it slow and allow relationships time to develop.
24.	Health and Wellness	<a href="#">First Comes Love Part 4</a>	Experts discuss how learning how to be in a relationship – and manage an intimate relationship – is part of growing up.
25.	Health and Wellness	<a href="#">Overcoming Issues at Home</a>	Watch this real story to help students understand the importance of attending school. Without passing judgment, get a conversation started to guide students to resources they can turn to for support despite challenges they may encounter at home.

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26.	Bullying and Violence Prevention	<a href="#">Sticks and Stones Parts 1 and 2</a>	In Part 1, Students discuss bullying issues, and in Part 2, the Halligan family and experts discuss cyberbullying - the bullying that resulted in the suicide of 13-year-old Ryan Halligan
27.	Bullying and Violence Prevention	<a href="#">Sticks and Stones Part 3</a>	A gay student shares his bullying experiences.
28.	Bullying and Violence Prevention	<a href="#">Sticks and Stones Part 4</a>	A female teen shares the rumors and sexual harassment she faced and a subsequent lawsuit against the school system.
29.	Bullying and Violence Prevention	<a href="#">Sticks and Stones Part 5</a>	Experts review the signs of bullying and discuss actions to take.
30.	Digital Citizenship	<a href="#">Obsessed with Fame</a>	Are American kids obsessed with fame? The article and activity will help students formulate their thoughts on this subject.
31.	Digital Citizenship	<a href="#">Protecting Your Digital Footprint</a>	Consider what your digital footprint tells others about you, your interests, your causes, and your friends.
32.	Digital Citizenship	<a href="#">Social Media 4 Change</a>	How is social media used as a catalyst for change/good?

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33.	Digital Citizenship	<a href="#"><u>Social Media 4 Change Project Work</u></a>	Students work on projects determined in previous session.
34.	Digital Citizenship	<a href="#"><u>Social Media 4 Change</u></a>	Students present their projects.
35.	College and Career Readiness	<a href="#"><u>Your Report Card and Transcript: Calculating Your GPA</u></a>	Students will review their transcript and learn to calculate their Grade Point Average.
36.	College and Career Readiness	<a href="#"><u>Goal Setting: College Exploration</u></a>	This session will allow students to discuss and explore college majors and where each area of study might lead.
37.	College and Career Readiness	<a href="#"><u>Goal Setting: Career Exploration</u></a>	Students will explore different career options and get a better understanding of what they would like to do in the future.
38.	College and Career Readiness	<a href="#"><u>Interview Skills: Creating a Personal Portfolio</u></a>	Students will review the concept of a career portfolio and review required skills and materials that could provide support during a job interview.

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Session	Topic	Program Title	Description
39.	College and Career Readiness	<a href="#"><u>Resume Building: Recommendation Letters</u></a>	Learn about the importance of recommendation letters and get the process started to have some on hand.
40.	Review	A Review of Advisory Highs and Lows	