

Southwest Vermont Supervisory Union

9th Grade Advisory Guides



Social and Emotional Learning Lesson Guide for the Classroom and Advisory

"If even one person in a school knows him well enough to care, a student's chances of success go up dramatically. In small groups that can focus on a range of subjects, teachers and students are forming new bonds and setting new standards for a more personal education." (Horace, September 1990).

High school advisory programs and social and emotional learning in the classroom allow students to discuss and address certain issues that are unique to a high school student's life. As the advisory or discussion leader, your role is to listen and respond to students, asking open rather than closed questions and working to create an engaging climate of trust, sharing, participation and self-reflection among your students.

Connect with Kids video resources, along with discussion questions and activities, provide the platform. Business experts call it "see-feel-change," fueling action by sparking emotion. Connect with Kids calls it educating the heart: using the power of storytelling and peer-to-peer connections to create heart-felt associations. Research shows that children and adults who emotionally connect with an experience are more likely to make life-long behavioral change than those who just receive information about that experience. Students realize that they are not alone in their feelings and challenges, sometimes referred to as "strength in numbers."

This is a suggested guide for high school classroom and advisory session video and print resources, all of which stream on Connect with Kids WebSource websites. Contact **Connect with Kids client support at 1.888.598.KIDS (5437)** or email info@cwknetwork.com with any questions regarding resources or implementation.

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Session	Topic	Program Title	Description
1.	Character and Life Skills	<u>Caring and Compassion</u>	Watch the real-life story of teen Carey Strongwater, whose compassionate nature is evident in the care that he gives to animals, elderly neighbors and vulnerable classmates.
2.	Character and Life Skills	<u>Citizenship</u>	With a push from his parents, Ben Coppedge volunteered with Habitat for Humanity to help others less fortunate than he. But somewhere along the way, Ben developed his own sense of citizenship and now feels a responsibility to give others a helping hand.
3.	Character and Life Skills	<u>Civility</u>	To Zan Fort, civility means allowing peers to be themselves instead of discriminating against them because of their differences.
4.	Character and Life Skills	<u>Convictions</u>	Lavale Lassiter voices his conviction against youth-targeted tobacco advertising by participating in anti-tobacco campaigns at the national level.
5.	Character and Life Skills	<u>Cooperation</u>	Cooperation on stage and behind the scenes is critical to a play's successful run.
6.	Attendance and Achievement	<u>Disconnect: Why Kids Skip School - Part 1</u>	Explore trends in school dropout rates and the reasons that students are disengaged from their education.
7.	Attendance and Achievement	<u>Disconnect: Why Kids Skip School - Part 2</u>	Danielle Anzalone shares her story of not wanting to attend school because of the bullying and harassment that she experienced. Experts say that many students don't want to go to school because they are afraid of what might happen.

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8.	Attendance and Achievement	Disconnect: Why Kids Skip School Part 3	Karina and Gina both decided that getting good grades was less important than fitting in with their friends. They each found a teacher who was able to motivate them and guide them on the right path.
9.	Attendance and Achievement	Disconnect: Why Kids Skip School Part 4	Dwayne Hamilton Frost describes how it took the help of his friend, mom, cousin and English teacher to turn his life around at a crucial time before he joined a gang.
10.	Attendance and Achievement	Disconnect: Why Kids Skip School Part 5	Explore how keeping kids engaged at school requires the work of not only the entire school administration, but the parents as well.
11.	College and Career Readiness	Organization Skills: Getting Organized 101	Review organizational skills including syllabi review, use of the planner and creating checklists.
12.	College and Career Readiness	Organization Skills: Note Taking	Practice relaxation techniques to manage test anxiety
13.	College and Career Readiness	Research Strategies: Online Accuracy	Review techniques and tips to authenticate websites used in research.
14.	College and Career Readiness	Study and Test Taking Skills: Test Prep	Review test preparation and test taking strategies for before, during and after the test.
15.	College and Career Readiness	Study and Test Taking Skills: Studying Techniques	Students will review individual and group strategies on how to prepare for a test.

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16.	Drug and Alcohol Prevention	In the Age of Alcohol Part 1	Experts explain how underage drinking could be the worse drug of all because of the behavior it creates in teens. Not as many teens drink alcohol as people think, but alcohol is still the number one contributor to youth deaths, due to the way in which kids drink.
17.	Drug and Alcohol Prevention	In the Age of Alcohol Part 2	Real stories explore underage drinking, the influence of genetics, and resulting bodily harm. People of all ages who don't learn to drink responsibly often use alcohol as a means of escaping.
18.	Drug and Alcohol Prevention	In the Age of Alcohol Part 3	This segment explores the use of alcohol as a "social crutch," and how drinking alcohol is too often a way to escape problems and anger. The earlier kids begin drinking, the more likely they will experience detrimental effects, and the more likely they will become alcoholics and not know how to interact socially.
19.	Drug and Alcohol Prevention	In the Age of Alcohol Part 4	Watch the real story of two parents who allow their daughters to throw a party involving underage drinking, which got out of hand when the police showed up and a car caught on fire.
20.	Drug and Alcohol Prevention	In the Age of Alcohol Part 5	Ashley, now a paraplegic, shares her experience with what happened when she decided to drink and drive, and how that one night changed her life forever.
21.	Health and Wellness	Lost and Found Part 1	Loss can come in many forms... death, divorce, even moving to a new town. Grief counselors say that any time there is a major upset in a family, there is a loss to deal with.

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22.	Health and Wellness	Lost and Found Part 2	Fourteen-year-old Lauren shares the void she felt when her parents divorced and her dad moved away, and the behaviors that resulted.
23.	Health and Wellness	Lost and Found Part 3	Christina and Doug share their grief and emotions after losing a parent, and reasons why some behavioral challenges followed.
24.	Health and Wellness	Lost and Found Part 4	Moving and leaving one's school or neighborhood can mean losing the things in life that help make us feel safe and secure.
25.	Health and Wellness	Lost and Found Part 5	Experts say kids need an adult who can listen, without judgment, to whatever grief they are feeling. See activities that help kids express their anger and sadness.
26.	Digital Citizenship	Just Because It Disappears... Does That Make It Okay?	In this standalone lesson, examine how ephemeral or "ghost" sites impact our daily lives.
27.	Teacher Blueprint Lessons (for Digital Citizenship)	Quotations: Social Media	Select an activity from the list of suggestions in the Quotations Overview to examine quotations on this topic.

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28.	Digital Citizenship	Internet Generation Part 1	Experts explain how the Internet can be a positive and negative window into a world. It is one of the most powerful tools out there for teens, and can be a dangerous tool if not used properly.
29.	Digital Citizenship	Internet Generation Part 2	Erica Bryant shares her real-life experiences with cyberbullying and how she and her parents dealt with the situation.
30.	Digital Citizenship	Internet Generation Part 3	The Internet can expose kids to sites that can be very dangerous. Hillary Griffin shares her story of an anorexia site that led her to adopt the eating disorder.
31.	Digital Citizenship	Internet Generation: Part 4	Real stories explore the ways that the Internet can create false identities and false relationships, and can be a window for predators to contact kids and teens.
32.	Digital Citizenship	Internet Generation Part 5	Explore the role parents and teachers play to help kids become wise digital citizens.
33.	CRE	The Importance of Attendance	From kindergarten through eighth grade, George Evans missed more than four hundred days of school. Sometimes when kids miss school, it's the grown-ups in their life that are the real problem.

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34.	CRE	<u>Academic Motivation</u>	For most of his young life, Dwayne was a quitter. He admits school was “going really bad... getting suspended every other day.” And then, he says, something changed.
35.	Attendance and Achievement	<u>Student Truancy</u>	Watching this real story can help teens to understand the real consequences of skipping school.
36.	Character and Life Skills	<u>Kindness</u>	Brian Head’s father says his son suffered years of torment from school bullies before he committed suicide at the age of 15.
37.	Character and Life Skills	<u>Loyalty</u>	A devastating house fire helped Michael Kudelka assess the loyalty of his friends.
38.	Character and Life Skills	<u>Patience</u>	Shaina Mangum was a dancer and a cheerleader before injuries from a car crash restricted her to a wheelchair. Now Shaina tries to find the patience to endure daily physical therapy and a series of operations. Despite her situation, she is convinced that someday she will be mobile and independent again.

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39.	Character and Life Skills	Peace	Their parents' divorces upset Katherine Yarberry and Tony Peaks. Now they rely on writing, meditation and sports to maintain the peace and control in their lives.
40.	Character and Life Skills	Perseverance	Despite having only one leg since birth, Hunter Scott continues to persevere by engaging in physically demanding sports like hockey and water skiing and by focusing on the positive aspects of his life rather than the disadvantages that others may perceive.
41.	Character and Life Skills	Respect	After experiencing months of imprisonment and physical and emotional abuse by her boyfriend, Theresa Densmore finally found the self-respect to "just walk away." Now Theresa's life has turned around as she tutors inner city children and uses her experiences to help others.
42.	Review	A Review of Advisory Highs and Lows	